



## THE EVOLUTION OF AGING IN PLACE

Many older adults want to age in their own homes. But does that mean staying put in a house they've lived in for years? More seniors are finding that aging in place can mean simply doing so in a new home or any home of their choosing.

### HOME YOUR OWN WAY



**94%**

plan to age in  
their own home



**53%**

believe they will  
stay healthier  
longer at home



**54%**

would be heartbroken  
if they could no longer  
live at home

### TO STAY OR GO

#### *Staying Put*

**68%** would live in their current home

**64%** have thought about age-friendly  
modifications

They will spend approximately **\$10K**  
to make their home age-friendly

#### *Moving Home*

**One in four** plans to find a new home

**85%** have taken time to consider the age-  
friendly features they will want in a new home

They will spend approximately **\$22K** to  
ensure it has desired features

### MAKING A PLAN



**One in three** has given minimal to no  
thought to things needed to enable living in  
the same home while aging



**One in four** seniors has a specific plan  
for where they will live as they age

For more resources and information, go to [HomeYourOwnWay.ca](http://HomeYourOwnWay.ca).

Home Instead, Inc., franchisor of the Home Instead Senior Care® network, fielded an online survey of 1,000 North American homeowners aged 55-75 years. Of these 1,000 respondents, 899 live in the United States and 101 live in Canada. Sampling was conducted to balance age, gender and geographic region. The survey was fielded between November 21 and November 30, 2018. The survey was not in the field over the U.S. Thanksgiving holiday, November 22-25.

